Let every man and woman and child, without respect of caste or birth, weakness or strength, hear and learn that behind the strong and the weak, behind the high and the low, behind every one, there is that Infinite Soul, assuring the infinite possibility and the infinite capacity of all to become great and good. Let us proclaim to every soul: Arise, awake, and stop not till the goal is reached. Arise, awake! Awake from this hypnotism of weakness. None is really weak; the soul is infinite, omnipotent and omniscient. Stand up, assert yourself, proclaim the God within you, do not deny Him! De-hypnotise yourselves. The way to do that is found in your own sacred books. Teach yourselves, teach everyone his real nature, call upon the sleeping soul and see how it awakens. Power will come, glory will come, goodness will come, purity will come and everything that is excellent will come when this sleeping soul is roused to self-conscious activity.

Vedanta, education, power of thoughts, concentration, character, faith, strength, humanity, work is worship, youth

Spiritualizing everyday life: Spirituality should not be narrowed down to morning and evening prayer sessions, thirty-minute daily meditations, or weekly church or temple attendance. True spirituality encompasses the whole spectrum of human life--our work, our play, our relationships...our every movement...our every breath.

Truth alone triumphs: The person on the path of truth and honesty always wins. It may take some time for the result, but truth is always **Victorious.** Spell: *tri-umphs*

Spirituality, leadership, meditation, Rama and Ramayana

IF: Poem of ultimate inspiration that tells us how to deal with different situations in life. The poet conveys his ideas about how to win this life, and after all, how to be a good human being. The poem is written in the form of paternal advice to the poet’s son.